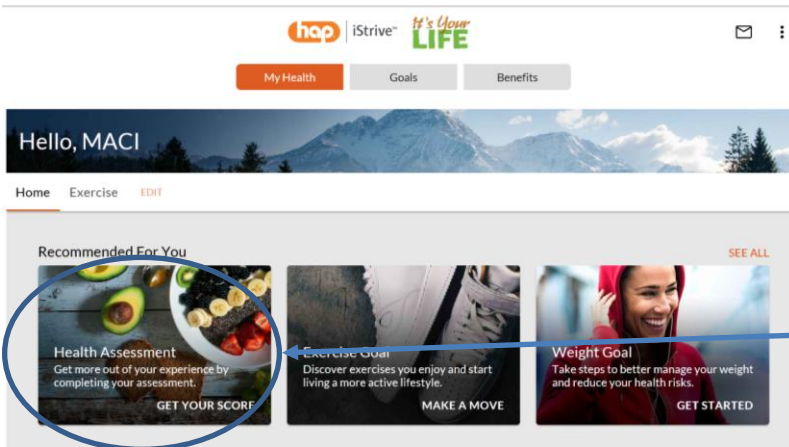


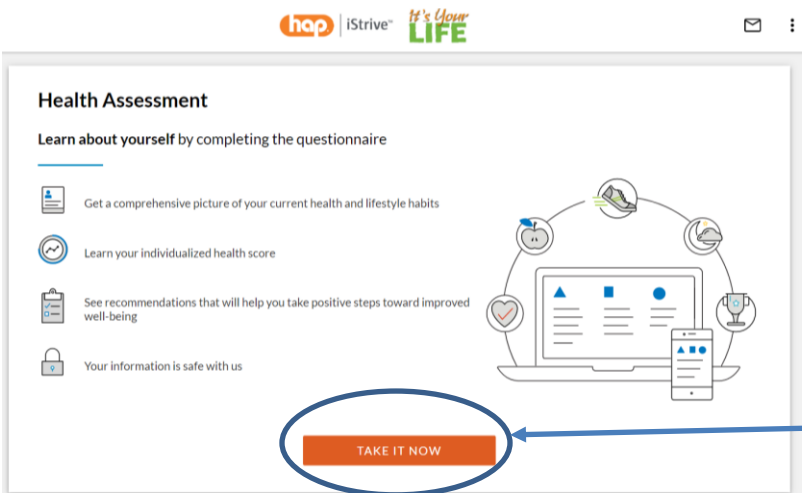


How to Complete Your WebMD Personal Health Assessment

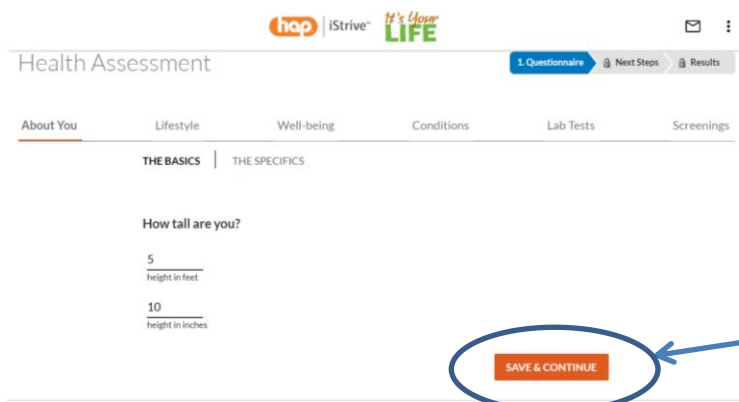
After logging in to your wellness portal, follow these steps. If at any time you get logged out, return to this site to log back in: <https://www.webmdhealth.com/hap/>



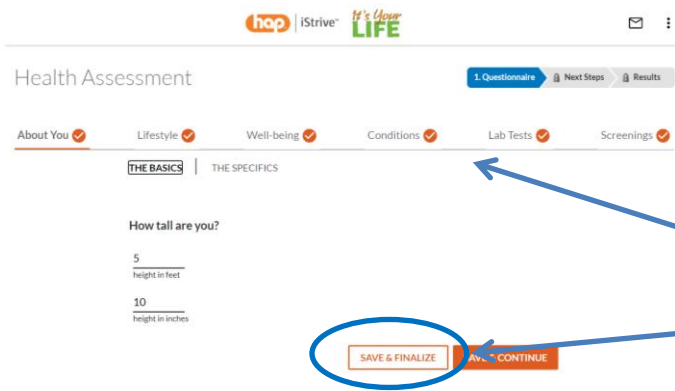
Click on "Health Assessment"



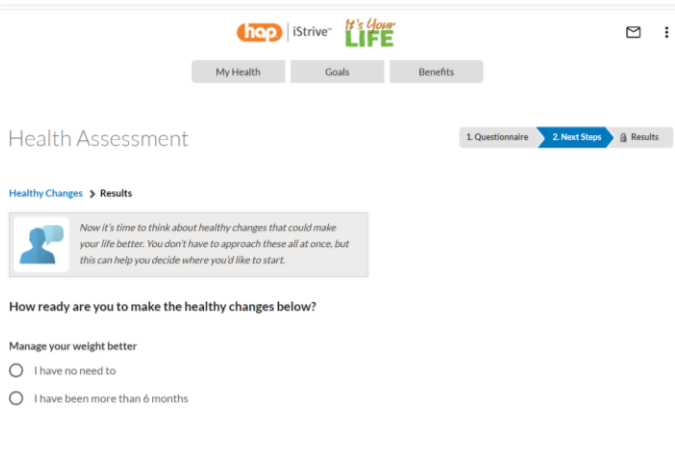
Click on "Take It Now"



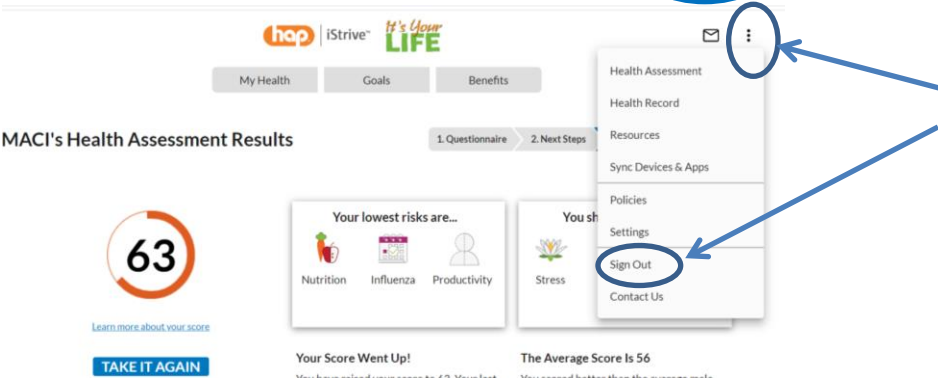
After answering each page of questions, click "Save & Continue"



After you have answered questions within each section, an orange check mark will be given for that section. Once all questions are answered, click on **“Save & Finalize”**



After you have answered the next set of questions click **“Finish”**



Your score will be calculated. To log out, hover over the three vertical dots in the right-hand corner and select **“Sign Out”**.
You can log in to this portal anytime view your Health Assessment, as well as use the tools and information found within it.

If you have any questions, please contact:
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